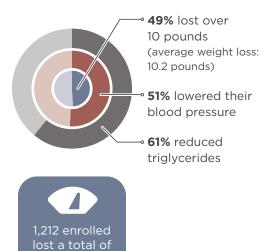
### NATURALLY SLIM® OFFER FOR CUSTOMERS OF THE HARTFORD



# THE NATURALLY SLIM<sup>®</sup> PROGRAM HELPED THE HARTFORD'S EMPLOYEES LOSE WEIGHT AND IMPROVE THEIR HEALTH.

#### **VITAL STATISTICS**

The Hartford's employees reaped benefits that added up to better health. Yours could, too.



## A TARGETED WEIGHT LOSS PROGRAM PROVEN TO WORK

Since February 2011, The Hartford has offered a 10-week **Naturally Slim** clinical wellness program to its employees. This voluntary program promotes healthy eating that can result in permanent behavior modification. Our initial 1,212 participants in the program had clinical lab work completed by medical professionals before and after the program. The result? A significant improvement in employee health metrics.

#### **REVERSING BIG RISKS**

Metabolic syndrome is a group of risk factors that can significantly raise an individual's risk of diabetes, heart disease, stroke and other health problems. Of the 1,212 participants who were screened, 42% with metabolic syndrome completely reversed their diagnosis in just 10 weeks.

# WEIGH THE BENEFITS

12,413 pounds

To learn how this offering may help your business and employees, please visit **WWW.NATURALLYSLIM.COM/HARTFORDNATURALLYSLIM** 



The Hartford has an exclusive arrangement with Naturally Slim to provide our customers with favorable pricing for their main program based on aggregated volume. Therefore, pricing may vary over time based on volume and The Hartford cannot quote specific prices for Naturally Slim to any account. The Hartford receives no compensation for customer enrollment in this program. The Hartford does not offer or provide the Naturally Slim product, and cannot make any claims or promises that use of Naturally Slim's products or services will result in lower workers' compensation or group disability losses. All Naturally Slim products, services and guarantees are provided by Naturally Slim. The use of research provided in this presentation is not an endorsement by the researchers or their associated organizations.